

Keeping Abreast of Safety

There was plenty of pink at the Nowra golf club last month where the MGA conducted their one day Occupational Health and Safety course for NSW/ACT supermarket owners, managers and staff. The Nowra lady golfers were having a 'Pink Day' for breast cancer and provided course participants with plenty of light hearted distractions such as stealing our sand wedges (sorry, sandwiches).

However, there are some similarities with breast cancer, golf courses and safety. Research has shown that early detection of breast cancer provides the best chance for recovery. Same with safety, identifying hazards and dealing with them before they hurt staff minimises the risk of injury to staff. Annual checkups assist in the early detection of breast cancer the same way regular workplace inspections assist in the identification of hazards in the workplace.

It was great to watch the ladies warm up before they teed off. They said it was so they did not strain a muscle with their first swing and spoil the rest of the day. Yet, it's amazing that workers in supermarkets get straight into lifting and moving objects in often extreme conditions of hot and cold. The risk of injuring a muscle is much higher in the first half hour of work when the body is not warmed up.

The course participants were tickled pink to be on the course (safety not golf) and soon got into the swing of what safety was about. They were given plenty of information to help iron out their safety issues and skills to pitch to their staff that safety first is a fairway of looking after business and staff. With this knowledge and some small effort these supermarkets will be on a par with the best in safety management.

If you want to stay out of the rough and drive your safety program contact MGA staff on 03 9824 411.



Course participants with MGA OH&S trainer Roger Pallant and some "Pink" ladies.

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- Order placement
- Price Verify
- Stocktake
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- Input EAN and order codes manually
- Receive orders (including via TUN code)
- Receive turn in orders
- Stock adjustments and more



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